



## Outpost Canoe Trip PACKING LIST:



*Please adhere to this list very closely. Due to the remote and active nature of the trip, and the unpredictable nature of the weather, both comfort and safety often depend on having appropriate gear.*

- 1 backpack – large enough to carry all gear
- Sleeping bag with stuff sac (best to fit in pack; otherwise simply and securely attached)
- Air mattress/Thermarest/Ensolite pad (Attached to pack – no sponge foam or pumps)
- Rain gear – Jacket and pants
- Long pants (2 pair), shorts
- 4-5 pairs socks, underwear as needed
- 2-3 shirts, at least one with long sleeves
- 1 polar fleece jacket (cotton does not retain insulative properties when wet)
- 2 pairs of sturdy footwear and sport sandals
- Garbage bags to double wrap everything inside pack, with twist ties (or dry bags)
- 5-6 extra garbage bags and ties
- Water bottle, bowl, plate, cup, fork, knife, spoon
- Hat, sunscreen, toilet paper
- Flashlight and extra batteries
- Bible, pen/pencil
- Toiletries – keep to a minimum; carry travel sizes (we discourage taking shampoo)
- Insect repellent (heavy duty kind)
- Mosquito net hat (usually available at Canadian Tire, and dollar stores)
- Additional sweater
- Bathing suit (one piece bathing suits only please)
- Towel
- Sunglasses
- Fishing gear – preferably in a case; avoid tackle boxes please
- Chapstick & sunscreen
- Camera

**Pack separately to leave at Camp:** One change of clothes, towel, shampoo

**Packing suggestions:** When trying to fit clothes into a pack, try rolling them rather than folding them. Having 2 different coloured garbage bags can help keep things organized inside your pack.

**DO NOT BRING:** Cash, Cellular phones, i-pads, i-pods, tablets, laptops, video games, gum, or sunflower seeds. Alcohol, tobacco and non-prescription or illegal drugs are **NOT** allowed on Camp Nutimik property. (Camp Nutimik will not be responsible for any lost, damaged, or stolen items).

**CAMPERS ARE NOT PERMITTED TO CARRY THEIR CELL PHONES OR USE THEM DURING THEIR STAY AT CAMP AND ARE ENCOURAGED TO LEAVE THEM AT HOME**



**Camp Nutimik is a Peanut and Tree-Nut Free site.**

www.campnutimik.com  
registrar@campnutimik.com  
204-348-2551