



Parent/Child Canoe Trip PACKING LIST:



Please adhere to this list very closely. Due to the remote and active nature of the trip, and the unpredictable nature of the weather, both comfort and safety often depend on having appropriate gear. Having dry gear and being warm will make your experience that much more comfortable and safe as we're out in the bush for the weekend!

- 1 backpack – large enough to carry all gear
- Sleeping bag with stuff sac (best to fit in pack; otherwise simply and securely attached)
- Air mattress/Thermarest/Ensolite pad (Attached to pack – no sponge foam or pumps)
- Rain gear – Jacket and pants
- Long pants, shorts
- 3 pairs socks, underwear as needed
- 3 t-shirts, long sleeve shirt, fleece/hoodie
- 1 polar fleece jacket (cotton does not retain insulative properties when wet)
- 1 pair running shoes or hiking boots
- Garbage bags to double wrap everything inside pack, with twist ties (or dry bags)
- 5-6 extra garbage bags and ties
- Water bottle, bowl, plate, cup, fork, knife, spoon
- Hat, sunscreen
- Flashlight and extra batteries
- Bible, pen/pencil
- Toiletries – keep to a minimum; carry travel sizes (we discourage taking shampoo) & toilet paper
- Insect repellent (heavy duty kind)
- Mosquito net hat (usually available at Canadian Tire, and dollar stores)
- Additional sweater
- Towel & Bathing suit (one piece bathing suits preferred)
- Sunglasses
- Fishing gear – preferably in a case; avoid tackle boxes please
- Chapstick & sunscreen
- Camera

Packing suggestions: When trying to fit clothes into a pack, try rolling them rather than folding them. Having 2 different coloured garbage bags can help keep things organized inside your pack.

DO NOT BRING: I-pads, i-pods, tablets, laptops, video games, gum, or sunflower seeds. Alcohol, tobacco and non-prescription or illegal drugs are **NOT** allowed on Camp Nutimik property. (Camp Nutimik will not be responsible for any lost, damaged, or stolen items).



Camp Nutimik is a Peanut and Tree-Nut Free site.

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